

# Rag Manifesto: Making, folklore and community, Rachael Matthews

A unique artist's view of the traditional art of rag-rug making for the age of Anthropocene from the founder of Rag School.

Rag gives opportunity for contemplation, storytelling and a free colour pallet.

Projects made in the artist's studio and with a community group, highlight a reverence for our lost textiles, a response to the environmental impact of fast fashion and proof that rag, often classified as a taboo material, is a rich resource.

Techniques include: plaiting; Welsh weaving sticks; peg loom; fixed heddle weave; proddy and loomless weaving.

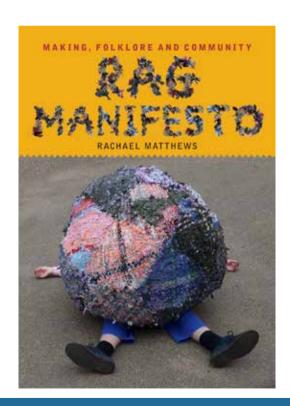
Publication: March 2024 ISBN: 9781739316037

# Intelligent Hands: Why making is a skill for life, Charlotte Abrahams and Katy Bevan

Brings existing research and information together in an accessible format, with a brief history of practical education, to show the benefits of combining physical learning with the conceptual for cognitive development. Includes the personal stories of ten people who have discovered that working with their hands has improved their quality of life.

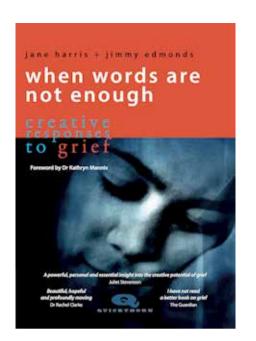
Through the three sections of the book, we look at how labour became separated from the academic, how we became divorced from materials and the important role that the crafts and creativity play in education, not just for the lower streams, but for everyone.

Publication: 3 Sept 2023 UK (27 Feb 24 US) ISBN: 9781739316020





practical books, ethically made www.quickthornbooks.com



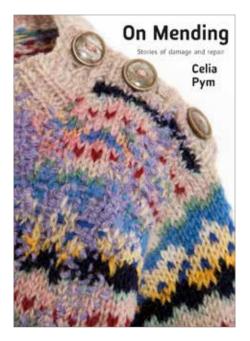
### When Words are Not Enough: Creative responses to grief

Jane Harris and Jimmy Edmonds of The Good Grief Project and the voices of thirteen people and the creative acts that helped them survive bereavement.

Published October 2022

ISBN: 9781912480579 £19.99

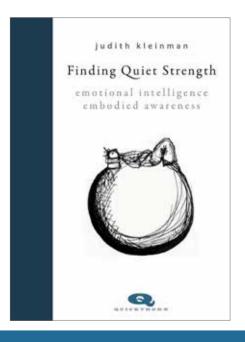
ISBN: 9781739316013 ebook £9.99



#### On Mending: Stories of damage and repair

A thoughtful book by artist Celia Pym about her darning works and the individuals whose things have been broken and mended. Published 7 Nov 22

ISBN: 9781912480586 £19.99



# Finding Quiet Strength: Embodied awareness, emotional intelligence

Modern neuroscience is combined with the ancient wisdom of tai chi, yoga and the Alexander Technique. This beautiful cloth-bound hardback is the Judith Kleinman's 4th book and is a personal life-survival kit for uncertain times, including insight and exercises to aid resilience. Beautifully illustrated by the author.

ISBN: 9781912480739 HB £24.00 ISBN: 9781739316006 ebook £9.99

**Distributed by Booksource** 

Quickthorn Ltd, Elm Cottage, Dark Lane, Chalford GL6 8QD Tel +44 (0) 7908 263230 katy@quickthornbooks.com
Distributor UK: Central Books Tel + 44 (0) 20 8525 8800
USA: ipgbook.com Australia: Woodslane.au
@quickthornbooks www.quickthornbooks.com

